**Slow-Pitch Softball**

1. Know the basic rules of slow-pitch softball.
2. What is the meaning of “Good Sportsmanship?”
3. Name and demonstrate your understanding of the skills required for theten (10) softball playing positions.
4. Identify the following:

Bat                         On deck circle
Batter’s box             Outfield
Coaches’ box           Pitcher’s mound
Diamond Bags         Pitching rubber
Glove                      Right field
Home base              Left field
Infield                     Softball

5. Define or explain the following game terms:

Bases Loaded          Home team
Bunt                       Innings
Fielder’s choice        Lineup
Fly Ball                   Popup
Force Play               Run
Foul tip                   Score
Grand Slam             Strike zone
Grounder                The count
Home run               Walk

6. Explain the following official’s calls or rules:

Double Play            Ground rule double
Error                      Infield fly rule
Fair ball                 Out
Foul ball                 Safe

7. Demonstrate the ability to read a basic scorecard that was scored in a game you participated in.
8. List and describe five(5) responsibilities of an umpire.
9. Name 5 mental and physical attributes to be gained from slow-pitch softball.
10. As a team or individual, develop a plan to practice outreach while completing the requirements for this honor. Possible options could include the following:

1. Invite 3 friends not from your church to play a game.
2. Have prayer before each game.
3. Exhibit good sportsmanship and fair play.

11. Play three (3) slow-pitch official games with an umpire and demonstrate reasonable skills.
12. Write a one page report on a famous athlete. Discuss why they are or are not a good Christian role model.
13. Discuss with your Pathfinder leader, pastor or teacher the problems facing a Seventh-day Adventist youth considering participating in sports in Jr. High, High School of college. What alternatives are there to allow for continued activity in sports?

**Skill Level I
Original Honor 2006**

**Recreation
North American Division
2006 Update**